

Sree Narayana College Punalur

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Third Cycle NAAC Accreditation 2022

CRITERION 7

Institutional Values and Best Practices

7.1.11: Institution celebrates / organizes national and international commemorative days, events and festivals (within 500 words)

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

**Annual report of the celebrations and
commemorative events**

2016-2017

World Environment Day Celebrations-2016

The focal theme for World Environment Day-2016 was “Join the race to make the world better place”. Though the World Environment day falls on 5th June, we have celebrated it on 17.06.2016 by conducting an One Day National Seminar on “Join the race to make the world better place” sponsored by Kerala State Council for Science, Technology and Environment and an Essay Writing Competition on 15.06.2016. Dr.T.Sabu, Program Director, Centre for Environment & Development, Thiruvananthapuram handled the first technical session. The subject was “Join the race to make the world better place” and was chaired by Dr.Divya.R, Assistant Professor, Department of Zoology. The session was enriched with creative discussions on the subject. After the lunch break, the second technical session was handled by Prof.E. Kunhikrishnan, Rtd. Professor & HOD, Department of Zoology, University College, and Thiruvananthapuram on the topic “Wildlife Conservation & Climate Change” and chaired by Dr.Arun, Assistant Professor & HOD, Department of Chemistry.

Under the World Environment Day celebrations, an Essay Writing Competition in “Join the race to make the world better place” was conducted on 15.06.2016 in the college auditorium. Twenty students participated in the competition. Certificates were distributed to the winners of the Essay writing competition. Refreshment and Certificates were given to all the participants. It is noteworthy to say that the students and the faculty members of various departments have also attended the National Seminar, which made the seminar a great success.

Independence Day Celebration (15-08-2016)

As a part of the Independence Day Celebration, the NCC unit of S.N. College, Punalur hoisted the National Flag at 08.00 AM on 15th August 2016. After this the NCC cadets cleaned the college campus as a part of the **Swachh Bharath Abhiyan**.





Independence Day Celebration-2016

National Seminar on “Ozone and Climate: restored by a World United”

(30.09.2016)

The focal theme for **International Ozone Day-2016** is “**Ozone and Climate: restored by a World United**”. This year’s theme is on emission of CFC, greenhouse gases, biodiversity conservation, impact of climate change, global warming, harmful effects of plastic waste, various kinds of pollution etc. Though the International Ozone Day falls on 16th September, we have celebrated it on 30.09.2016 by conducting a **One Day National Seminar on “Ozone and Climate: restored by a World United”** sponsored by **Kerala State Council for Science, Technology and Environment** and an **Essay Writing Competition** on 26.09.2016. The Principal, Dr.G.Jayasenana presided over the inaugural function. The meeting started with a prayer song by the college choir. Dr.R.Divya, Assistant Professor in Zoology welcomed the honourable guests. **Dr. Renjan Mathew Varghese, State Director, WWF-India** inaugurated the function by lighting the lamp and delivering the inaugural address. Dr. Baiju.S, Associate Professor, Department of Mathematics, Prof. R.Santhosh, Associate Professor & HOD, Department of Physical Education, Prof. T.Shibu, Assistant Professor & HOD, Department of History delivered felicitations. Dr. Jasmine Anand, Assistant Professor & HOD, Department of Zoology, extended vote of thanks. Dr. Renjan Mathew Varghese, State Director, WWF-India handled the first technical session. The subject was “Ozone and Climate: restored by a World United” and was chaired by Dr. Arun.S.Prasad, HOD, Department of Physics. The session was enriched with creative discussions on the subject. After the lunch break, the second technical session was handled by Dr. Indose Aravind, Assistant Professor, Department of Chemistry, Devaswom Board College, Sasthamcotta, Kollam on the topic “Ozone & its impacts” and chaired by Smt.Neethu Das, Assistant Professor, Department of Chemistry. The faculty members from various departments like Chemistry, Physics, Mathematics, History etc actively participated. After this session, the Valedictory function started. Valedictory address was given by Dr.R.Jayaprakash, Former HOD, Department of Zoology, Iqbal College, Peringamala and certificates & prizes were distributed by him. Dr.Biju.C, Coordinator extended vote of thanks.

Under the auspices of International Ozone Day celebrations, an Essay Writing Competition in “Ozone and Climate: restored by a World United” was conducted on 26.09.2016 in the college auditorium. Fifteen students participated in the competition. Certificates were distributed to the winners of the Essay writing competition. Refreshment and Certificates were given to all participants. It is noteworthy to say that the students and the faculty members of various departments have also attended the National Seminar, which made the seminar a great success

Gandhi Jayanthi- public place cleaning programme (02-10-2016)

Gandhi Jayanthi was observed on this day. Volunteer Secretaries delivered a short speech on Mahatma Gandhi, Father of our nation and about the freedom struggle he had lead to attain freedom for our country. The volunteers were grouped and were engaged in cleanliness drive programme. We celebrated Gandhi Jayanthi on 01-10-2016 (Saturday) and the whole week was observed as 'Sevana Varam'. On behalf of this we cleaned our college campus and public places in our city.

AIDS Day Awareness class and Rally (01-12-2016)

World AIDS day was observed on this day and on behalf of this, a rally was organised jointly by the NSS unit and Taluk Hospital, Punalur. The rally was inaugurated by Dr. Subhgan, Superintendent, Taluk Hospital, Punalur. Volunteers marched on with pluck cards showing awareness about AIDS. The day's programme continued with an awareness class on AIDS by Dr.Jayaprakash, Rtd. Professor and HOD of Zoology, Iqbal College Peringamala. Volunteer's made their review on the day's programme.



Republic Day Celebration (26-01-2017)

The HOD, Department of Hindi, hoisted the National Flag at 08.00 AM on 26th January 2017 along with the NCC cadets, ANO and other teaching staffs. All NCC Cadets (99) and ANO were participated in the Republic Day Celebrations organised by the Punalur Municipality. Parade by the NCC Cadets of S.N. College, Punalur was the first item of this programme.





Republic Day Celebrations - 2017

**Annual report of the celebrations and
commemorative events**

2017-2018

World Environment day (5 -06- 2017)

Olympian O P. Jaisha inaugurated the programme by planting a sapling in the college premise. Principal Dr. Arun V gave a brief address to the students on the importance of conserving and protecting our environment for a better future. Teachers of various departments accompanied and participated in the programme by planting saplings. NSS volunteers were actively participated in the programme.



World Yoga Day (21-06-2017)

The NSS and NCC unit of S.N. College, Punalur observed the World Yoga Day by conducting a yoga class in the college. It was inaugurated by Lt. Dr.Arun V, Principal, S.N. College, Punalur and the class was led by Dr. Jasmine Anand, Assistant Professor and Head, Department of Zoology. The class included both theory and practical lessons. The class was conducted in two batches and around 100 NSS and NCC volunteers participated. The students were highly motivated and understood the importance of yoga in daily life. Some of the photographs of the day are appended herewith.





Photographs on International Yoga day- June 21

International Youth Day -A cleanliness drive at the Punalur Taluk Hospital (12-08-2017)

The NSS programme officers gave a talk on the importance of international youth day. After the session the NSS Unit and the Taluk Hospital jointly organized a cleanliness drive at The Punalur Taluk Hospital. NSS volunteers actively participated in cleaning the hospital wards premises and the palliative care area.



Students engaging in cleaning activities

Independence Day Celebration (15-08-2017)

The **Independence Day** celebrations were organized by the NCC and NSS Units of Sree Narayana College, Punalur on 15th August 2017 in the College Campus.

1. Flag hoisting

Principal- in Charge & Associate NCC Officer, Lt. Dr. Arun. V hoisted the National Flag at 8.00 AM. Principal in Charge addressed the gathering about the tolerance and patriotism and

about the sacrifice of freedom fighters towards national integrity. He also spoke about the responsibility of every individual in the development of our nation.

2. Swachh Bharat Mission

‘Sanitation is more important than independence’-Mahatma Gandhi

Hon’ble Prime Minister of India, has given a clarion call to the Nation for **Swachh Bharat (Clean India) mission**. He has officially launched the mission at New Delhi in commemoration of Birth day of Mahatma Gandhi on 2nd October 2014. NCC Cadets participated in the various activities especially cleaning the campus premises, class rooms and toilets on 15th August 2017.

3. Tree Plantation

NCC cadets of the college along with Lt. Dr.Arun V, the Associate NCC Officer planted trees at the College Campus on 15th August 2017. All the trees were planted, watered and secured with tree guard.





Photographs on Independence Day Celebrations

NSS Day Celebration-Punalur private bus stand cleaning (24-09-2017)

NSS day was celebrated with the aim of giving awareness to the public about the importance of cleanliness and plastic free zones. In association with the Municipality of Punalur around 150 volunteers were participated in the program. The program started at the college auditorium with recital of NSS song. Volunteers collected all kinds of waste materials and disposed it on the dustbins provided by Municipality of Punalur and marched to Punalur private stand with pluck cards showing the importance of Green Earth and a plastic free society. A cleanliness drive programme was conducted at the Punalur private bus stand. On seeing the volunteers involved fin the onlookers also accompanied the volunteers in the cleaning program and showed great response and support. After the cleaning campaign volunteers made a review and shared their experience.





Students involving in cleaning activity

Popular Lecture cum Slide shows on “Caring for all life under the sun” sponsored by Kerala State Council for Science, Technology and Environment (25.09.2017)

The focal theme for **International Ozone Day-2017** is, “**Caring for all life under the sun**”. This year’s theme is on emission of CFC, green house gases, biodiversity conservation, impact of climate change, global warming, harmful effects of plastic waste, various kinds of pollution etc. Though the International Ozone Day falls on 16th September, we have celebrated it on 25.09.2017 by conducting a Popular Lecture cum Slide shows on “Caring for all life under the sun” sponsored by Kerala State Council for Science, Technology and Environment . Dr. Mary Teresa P. Miranda, Former HOD, Department of Zoology, Fathima Matha National College, Kollam handled the Popular lecture cum slide shows session. The subject was “Caring for all life under the sun”. The session was enriched with creative discussions on the relevant subject.

Gandhi Jayanthi- Observance

Gandhi Jayanthi was observed in the college both the NCC and NSS. Volunteers gathered in the college auditorium and the program commenced with the recital of NSS song. Programme officers delivered a short speech on the importance of the day. Volunteers divided and cleaned the campus and planted saplings on college premises. Volunteer secretaries made a review of the day.

As part of the “Swachh Bharat-Swasth Bharat” NCC cadets of 9(K) Bn NCC unit, S. N. College, Punalur conducted **cleanliness rally and cleanliness drive awareness programme**. Hon’ble Prime Minister of India has given a clarion call to the Nation for **Swachh Bharat (Clean India) mission**. He has officially launched the mission at New Delhi in commemoration of Birth day of Mahatma Gandhi on 2nd October 2014.

NCC cadets of 9(K) Bn NCC unit, S. N. College, Punalur in collaboration with Punalur Municipality participated in **cleanliness drive awareness programme** on 2nd October 2017. All NCC Cadets along with ANO visited 750 houses of two municipality wards of Punalur with ward councillors, Asha workers and Kudumbasree members. Hand bills were distributed in all the houses to educate them the importance of cleanliness. Cadets participated in the cleanliness drive by distributing pamphlets on cleanliness to the houses and interacted with members.

Thus, the above two activities conducted by the NCC cadets of 9(K) Bn NCC unit, S. N. College, Punalur in collaboration with Punalur Municipality, enabled to create an awareness on the mission of cleanliness under “Swachh Bharat-Swasth Bharat” to the community.





Cleanliness rally







Swachh Bharat Awareness campaign

National Unity Day (31-10-2017)

The NSS unit of the college celebrated the **National Unity Day**, birthday of Shri. Sardar Vallabhai Patel, the founding father of the Republic of India who played a leading role in the country's struggle for independence and guided its integration into a united, independent Nation. The meeting commenced with the recital of NSS song. On behalf of the National Unity Day celebration, the volunteers took a pledge, which was read out by the programme officer Dr. Bijo S Anand. On behalf of the celebration an **Essay Writing Competition** was held and students from all departments participated.





Essay Writing Competition held at the Auditorium.

Observing community harmony-Painting competition (18-11-2017)

A **painting competition** was conducted on behalf of NSS unit to observe communal harmony. More than 15 students participated in the competition.



Republic Day (26-01-2018)

26th January 2018 marked the republic day celebrations at the S.N. College Campus. The celebrations began with the hoisting of the flag by Dr.Arun V, Principal, S.N. College, Punalur followed by the national anthem. Principal then addressed the gathering and motivated them to serve others and live a life of humility. Also the NSS volunteers and NCC Cadets (106) and ANO were participated in the Republic Day Celebrations organised by the Punalur Municipality. Parade by the NCC Cadets of S.N. College, Punalur was the first item of this programme.





Photographs on Republic Day Celebrations

**Annual report of the celebrations and
commemorative events**

2018-2019

World Environment day celebration (05.06.2018)

NSS, NCC and Bhoomithra Sena Club celebrated world environment day in June 5. Our principal Dr. T Sasidharan inaugurated the programme by planting a sapling. NSS programme officers gave short presentation about conservation of trees and environment. All the NSS volunteers actively participated in the programme.

As a prequel to the celebration, the Bhoomithra Sena Club conducted a seminar regarding “**BEAT PLASTIC POLLUTION**” in the seminar hall. of the college. The seminar session was handled by **Boby.T.Edwin**, Assistant Professor, Department of Botony, TKM College Kollam.



Planting tree saplings after the Seminar

Yoga Day (21.06.2018)

The training session started early in the morning. The session was led by **Dr. Jasmine Anand**, Assistant Professor, Department of Zoology, S.N. College, Punalur. NSS volunteers were very much interested in the session because it contained both the theory and practical parts of Yoga.





Students practising Yoga

Independence Day Celebrations-(15.08.2018)

The celebration began by hoisting the National Flag by the principal, Dr.T Sasidharan. He addressed the volunteers and NCC Cadent the audience with a mind blowing speech about nationalism. Volunteers and NCC Cadent were inspired by his speech that focused on the hardships faced by our national heroes in the process of attaining Independence. As a part of the Independence Day Celebration, the Principal Dr. T. Sasidharan hoisted the National Flag at 08.00 AM on 15th August 2018.



Photographs on Independence Day Celebration

International Women's Day celebration

On behalf of the International Women's Day celebration, a Workshop has been organised on the topic " കേരളസ്ത്രീ, ഇന്നലെ, ഇന്ന്, നാളെ " (31-03-2019) with a view to transform and inspire overall development and empowerment of women. The workshop was organized by the Women's Studies Club in association with ICDS Cell, Kollam. The objective is to promote a holistic development and empowerment of women, gender equality and gender justice.

The Chief Guest **Mariyam, DPDO, ICDS Cell, Punalur** gave a detailed account of the issues faced by women in India. She stressed that the women of the present generation have witnessed the changes in the society especially those relating to the cause of women during the last couple of years. It is a fact that during this period, the position of women in India has changed in various aspects.





Students participating in Poster Competition as part of the workshop

**Annual report of the celebrations and
commemorative events**

2019-2020

International Yoga day (21.06.2019)

On International Yoga day, 21.06.2019, the college celebrated this auspicious occasion by performing many Yogasanas, Pranayamas and Dhyana under the guidance and supervision of Associate NCC Officer, Lt. Dr.Arun. V. The campus community including 68 NCC Cadets of the S.N. College and faculty members participated in this event.





Photographs on International Yoga day

Independence Day Celebration (15. 8. 2019)

As part of the **Independence Day Celebration**, the NCC unit of the college hoisted the National Flag at 08.00 AM on 15th August 2019. After this the NCC cadets and ANO assembled in the Government HSS, Punalur where they participated in the “**Sneha Sandesam**” Programme organised by the Punalur Police Station as a part of the “**Janamithri Suraksha Padhathi**”. In that programme the NCC Cadets honoured the ex-military personals.







Photographs on Independence Day Celebrations

National Sports Day Seminar- ‘Healthy Youth’ (29-08-2019):-

On the eve of National Sports Day celebrations, NSS unit conducted a National Sports Day seminar on the topic ‘Healthy Youth’. The programme started by 10.00 a.m with the recital of NSS song. After the inaugural session, technical session was handled by Mr.Santhosh.R (HOD, Physical education). The resource person spoke about the health consciousness of the youth and the exercises that children should regularly practice for good health. He explained with demo class. Both NSS volunteers and other students participated in this programme.

Dr.Divya Jayan delivered vote of thanks. The seminar ended up by 1.00p.m





Students practising Yoga

Teachers Day Celebration “Guru Dhakshina”(05/09/2019)

As part of **National Teachers Day** celebration, the NSS unit conducted a programme called **“Guru Dhakshina”** .The programme started at 10 Am with the recital of NSS song. NSS volunter Sujith addressed welcome speech. The NSS Programme officer Dr.Divya Jayan deliverd presidential address. The volunteers of NSS unit gave gift to the principal of the college and teachers of all departments. They also wished happy teachers day to all teachers.





Students presenting gifts to their Teachers.

NSS day -NSS Rally-“We are NSS Volunteers. (24.09.2019)

On behalf of the NSS day the unit organised NSS rally titled “**We are NSS Volunteers**”. The programme started at 10.00 am. The programme was inaugurated by the principal Dr.T.Pradeep. The **NSS Rally** started from sncollege punalur to private bus stand. The volunteers and PO’s participated in the rally with pluckcards containing role of NSS volunteers in the society and importance of NSS.



NSS Rally

GANDHI JAYANTHI- GANDIYAN PATHAYATHRA (02.10.2019)

The programme started at 8.45 am from SN college junction, Punalur to Punalur railway station with recital of NSS song. The programme was inaugurated by Mrs. Simi. B.S (NSS PO, SN College) The volunteers and programme officers participated in the pathayathra with pluck card containing Gandhi's messages. This programme helped to spread Gandhian messages to public. Pathayathra reached railway station at 9.20 am. The railway authority members welcomed our volunteers



Pathayathra by students

GANDHI JAYANTHI (SRAMADHAN -Adoption of Punalur railway station by NSS unit for green railway) (02-10-2019)

The programme started at 9.30 am with recital of NSS song. It was inaugurated by Mr. Surendran.K (Station Master, Punalur railway station). Mr.Ramesh Kumar (Traffic inspector, Punalur) delivered felicitation address. The station master told pledge to volunteers. After inauguration session the volunteers engaged in cleaning activities. They collected plastic and non-plastic waste and disposed into a proper way. They also cut out the unwanted grass in front of railway station and cleaned there. Our volunteers also gave awareness about the harmful effect of plastic to public. Our volunteers had spent there about two hours. The railway authority members provided cool water and snacks to volunteers.





Cleanliness camp

GANDHI JAYANTHI - GANDHI BHAVAN VISIT (LIFE LEARNING JOURNEY)

02.10.2019

'Guruvandhanam' was a district wise organized programme at Gandhi Bhavan, Pathanapuram. Various colleges like Govt BJM College, KSWDB College, TKM College, St.Stephen's College also participated in this programme. The inaugural session started with 12.00nn. NSS Kollam district coordinator Dr.G.Gopakumar delivered the inaugural address. The Session also included Guruvandanam to the NSS PO'S of participated colleges. Our volunteers handed over the collected materials. After inauguration they visited the palliative care unit of Gandhi Bhavan and interacted with members there.



Students extending help to Gandhi Bhavan

National unity day (31.10.2019)

NSS unit of the college celebrated the **National Unity Day**, birthday of Shri. Sardar Vallabhai Patel founding father of the Republic of India who played a leading role in the country's struggle for independence and guided its integration into a united, independent Nation. The meeting commenced with the recital of NSS song. On behalf of the National Unity Day celebration volunteers took pledge, programme officer Simi.B.S read out the

pledge. On behalf of the celebration a poster competition was held and students from all department participated. The meeting concluded with the National Anthem.



Students taking Pledge

Founder's Day (7.11.2019)

NSS unit conducted **Founder's Remembrance Day** with the help of PTA and College. The commemorative conference inaugurated Mr.A.J Pradeep (Union vice president, Punalur). College principal delivered presidential address. Shibu.T (HOD, History), Vasanthan.T (College superintendent SN College) Jayaraj (college union chairman) addressed the conferences. After completing the session, the unit conducted essay writing competition on the topic **"The Role of R. Sankar in the Renaissance Leaders"**. NSS volunteers, NCC Cadets and other students are participated their competition.





Celebrating Founder's Remembrance Day -07.11.19

CONSTITUTION DAY CELEBRATION (26 /11/2019)

On 26 November 2019 our college NSS unit conduct a seminar on the topic "INDIAN CONSTITUTION" according to the celebration of constitutional day .The seminar was started in 1:15 pm at college seminar hall .The seminar was started with NSS song by NSS volunteers and inauguration is done by the Principal. The class was held by Smt. Shama (Department of History) .The class was mainly on the topic of how Indian Constitution came and it's functioning. Also it touches the area like drafting of constitution, major leaders and authority, important dates etc. Later "THE CONSTITUTION OF INDIA” was pledged by Dittu Alex .The seminar was ended after the questionnaire section. NSS volunteer Mymoon. N expressed sincere gratitude to all and the section was ended with national anthem.



Girls Day: Seminar- Beti Bachavo Beti Padhao (24.01.2020)

NSS unit conducted a seminar on the topic **Beti Bachavo Beti Padhavo** on 24 th January 2020 at 1pm in seminar hall related to **Girls Day**. The programme was officially inaugurated by the college principal Dr.T.Pradeep, the technical session handled by Deepthi. (Assistant professor, Department of English, SN College, Punalur) and S.Sujith expressed vote of thanks. The programme winded at 2. Pm.





Students participating Seminar- Beti Bachavo Beti Padhao

Republic Day Celebrations (26thJanuary 2020)

The ANO, Lt. Dr.Arun. V hoisted the **National Flag** at 08.00 AM on 26thJanuary 2020. All NCC Cadets (106) and ANO participated in the Republic Day Celebrations organised by the Punalur Municipality. Parade by the NCC Cadets of S.N. College, Punalur was the first item of this programme.







Photographs on Republic Day Celebrations-2020.

**Annual report of the celebrations and
commemorative events**

2020-2021

Environment Day (01/06/2020- 07/06/2020)

PARITHRANAM (7 DAY SAPLING DRIVE)

World Environment Day was observed on June 5. The NSS unit of Sree Narayana College, Punalur observed the **Environment Day** from the first week of June. The theme for World Environment Day 2020 is *Biodiversity*, which is a call to stop the degradation of the natural world. The programme was inaugurated by the principal, Dr. T. Pradeep. Since it was during lock down, all students engaged planting trees in their own homes. The great benefit of this programme is that not only our volunteers, but also all the family members actively participated in **PARITHRANAM**. Through the programme, the importance of agriculture as well as the need for planting new trees was made aware among the students. All of them participated with great enthusiasm.





Yoga Day Celebration (21/06/2020):-

On behalf of the Yoga Day celebration, the NSS unit of the College, conducted an Intercollegiate Online Quiz Competition. The programme was officially inaugurated by Principal Dr. T Pradeep. Programme officers discussed about the details of the programme. Students from various colleges, participated in the programme.

GREETINGS FROM NATIONAL SERVICE SCHEME OF S N COLLEGE, PUNALUR, KOLLAM

National Service Scheme Units of SN College is happy to inform you that we are conducting an Intercollegiate Quiz on International Yoga Day for every students.

Date : June 21, 2020

Click on the following link for participation.
<https://forms.gle/mkLuXmeoavwFeeKDB>

Those who score 40% or above, will be eligible for an e- certificate.

Note:- There is a limit of 100 certificate per day. The quiz will be available for one week.

Thanking you,
 Simi.B.S,
 Programme Officer





Remembrance Day of Dr. APJ Abdul Kalam (27/07/2020)

On 27.07.2020, 5th Death Anniversary of Dr.A.P.J.Abdul Kalam was observed on S.N College, Punalur. Volunteers engaged in doing posters, speech and essay writings. The event created an inspiration among the student community who are the backbones of the future India.

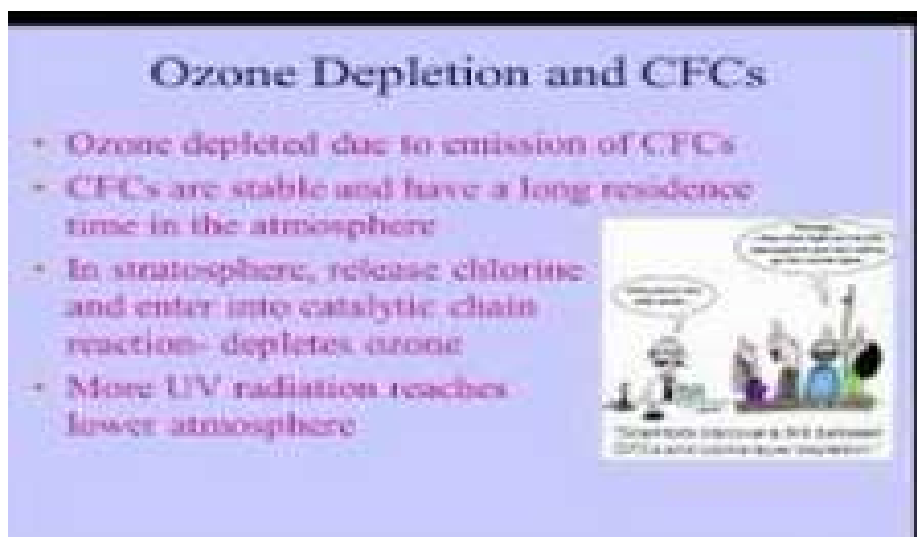


Poster made by Sruthy Chandran (II B.Com)

Ozone Day 16/09/20 :-

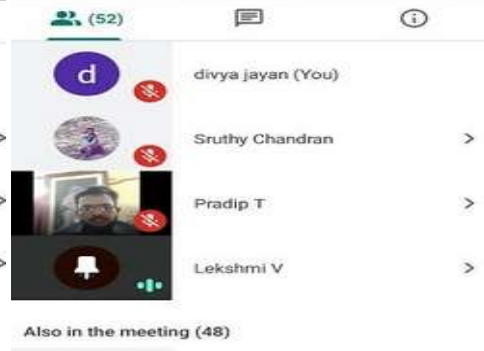
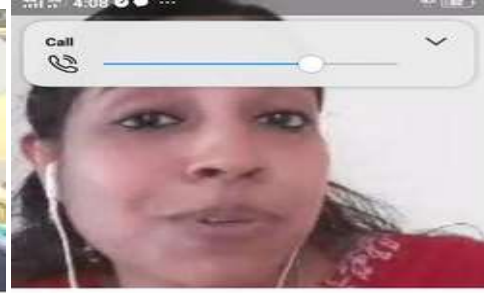
The **International Ozone Day**, 2020 was celebrated by SN College, Punalur on 16th September, 2020 under the leadership of programme officers Dr. Divya Jayan and Simi B S. The celebration started with introduction on importance Ozone Layer and its depletion in the current situation by the principal Dr. T. Pradeep. He briefed about the major **Ozone Depleting Substances (ODS)** such as refrigerators, fire extinguishers, compressors, vehicles, etc. He also mentioned about the effects of ozone depletion on flora, fauna, environment and humans and urged the participants to prevent the ozone depletion through simple activities in day-to-day life.

On behalf of observing the ozone day, the NSS unit of the college created **videos related to the ozone depletion**. The programme was named as **“Save Ozone”**. NSS volunteers , Athira V S, Arsha Anil, Pavan P Narayan contributed to the creation of the videos.



NSS Day Celebration 24/09/20 :-

The NSS unit of the college conducted a webinar on behalf of **NSS Day** celebrations. The webinar was conducted at 4.00 pm through google meet about the topic **“Tips to Develop Positive Attitude”**. The webinar was inaugurated by Dr. T. Pradeep (Principal, SN College, Punalur) and Dr. Divya Jayan (NSS PO) delivered the welcome speech. The technical session was carried by Smt. Lekshmi V, Asst.Professor, NSS Training College, Ottappalum. The talk was highly informative and inspiring to pursue a positive attitude towards life. The meeting ended with the vote of thanks by Sruthy Chandran (NSS volunteer).



SREE NARAYANA COLLEGE PUNALUR

NATIONAL SERVICE SCHEME
28A&B

NSS Day Celebration

Talk with

sep 24

Lekshmi V
Assistant Professor
NSS training College, Ottapalam

Topic: Tips to develop positive attitude

on google meet @ 4pm

The poster features the NSS logo on the left, which is a red wheel with a white center and the text 'राष्ट्रीय सेवा योजना' and 'NATIONAL SERVICE SCHEME'. The background is blue with white and red text. A large white jagged-edged circle contains the date 'sep 24'. A small photo of a woman in a red and white sari is shown in the bottom left corner.

29/09/20- Observance of World Heart Day

The NSS unit of the college, observed the **World Heart Day** by creating videos and making them aware about the importance of protecting our heart. The video presents heart diseases, heart care and more.

On behalf of the observance of World Heart Day, the NSS unit of the college conducted webinar based on the topic **“Protection of Heart”** through Google meet at 3.00 pm. The webinar was inaugurated by Dr. T. Pradeep (Principal, SN College, Punalur). Dr. Divya Jayan (NSS PO) delivered the welcome speech. The technical session was carried out by Smt. Anaswara Anil (Reg. Nurse). The session was so informative describing about the harmful effects of fast foods. Gayathri (NSS volunteer) delivered the vote of thanks.





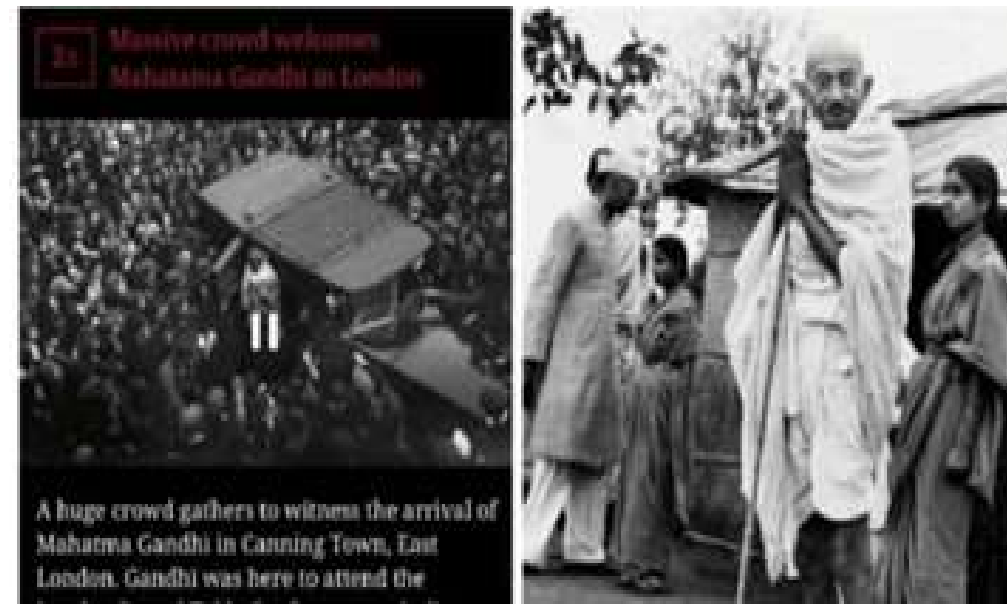
Gandhi Gandhi :- 02/10/2020

As part of celebrating the Birth Anniversary of Mahatma Gandhi, several programmes were conducted by the NSS unit of the college on 02.10.20.

1. Video presentation: “Gandhi and the Freedom Struggle”

On the occasion of Gandhi Jayanthi, a short video presentation on the freedom struggle was carried out. Through the presentation, Gandhiji’s struggle for freedom was conveyed to the students. All the NSS volunteers participated in the event.





2. Elocution competition

The NSS unit conducted an **Elocution Competition** including NSS volunteers. The competition was held through a What's App group created by NSS unit 28 A&B. Pooja Vijayan (II Physics) got first prize for the competition.





3. Swachh Bharat programme

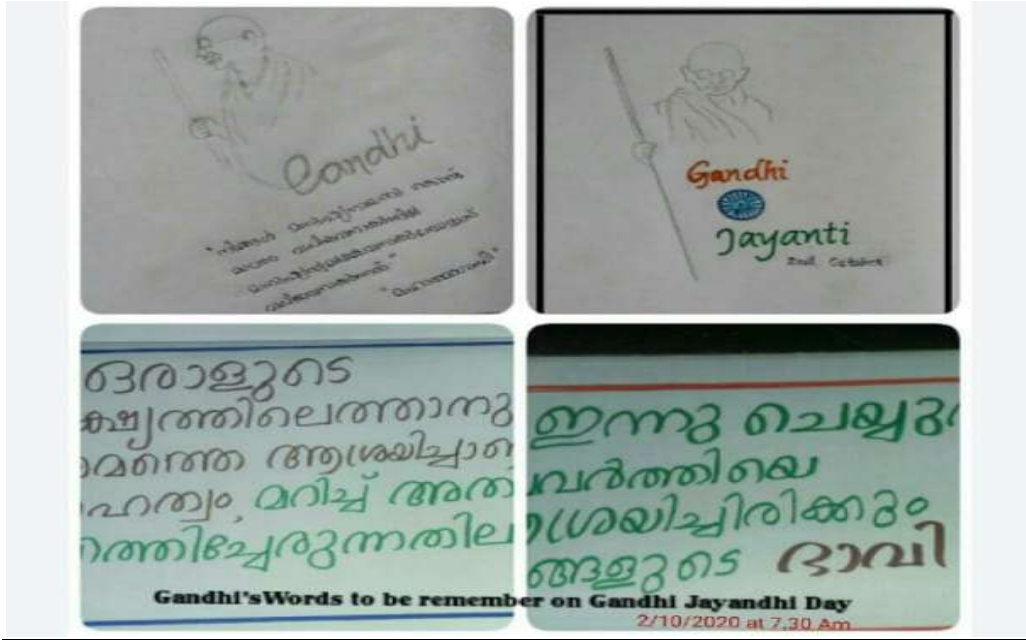
Swachh Bharat programme was organised by NSS unit 28 A&B in connection with **Gandhi Jayanthi**. As part of this, all the volunteers carried out cleaning activities in their home and surroundings from 10 am-12 pm. All the volunteers actively and enthusiastically participated in the program.





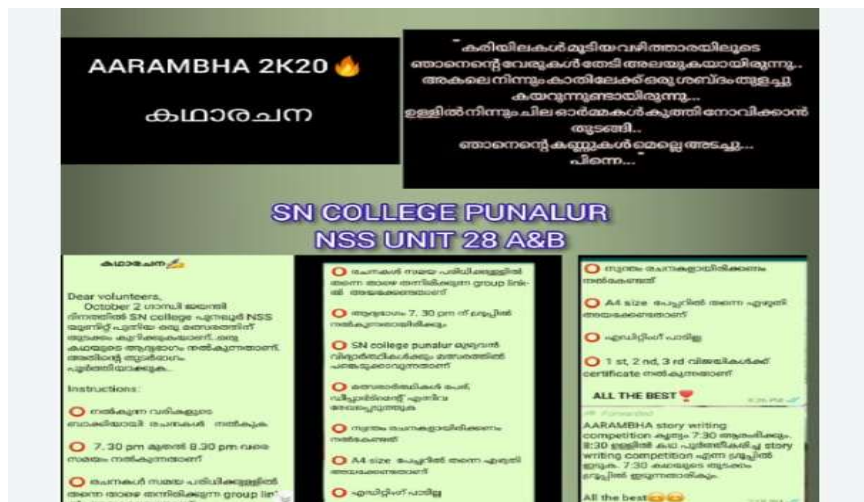
4. Video Clip on Gandhiji' Great Words

NSS unit 28 A&B created a Video Clip about the topic “Gandhi’s Words to be remembered on Gandhi Jayanthi Day” and presented at 7:30 am in the NSS official group.



5. Story Writing Competition

The NSS unit 28 A&B conducted a Story Writing Competition on Gandhi Jayanthi. Program conducted on 2nd October 2020@ 7:30pm – 8:30pm. Winners were selected and they were given certificates.

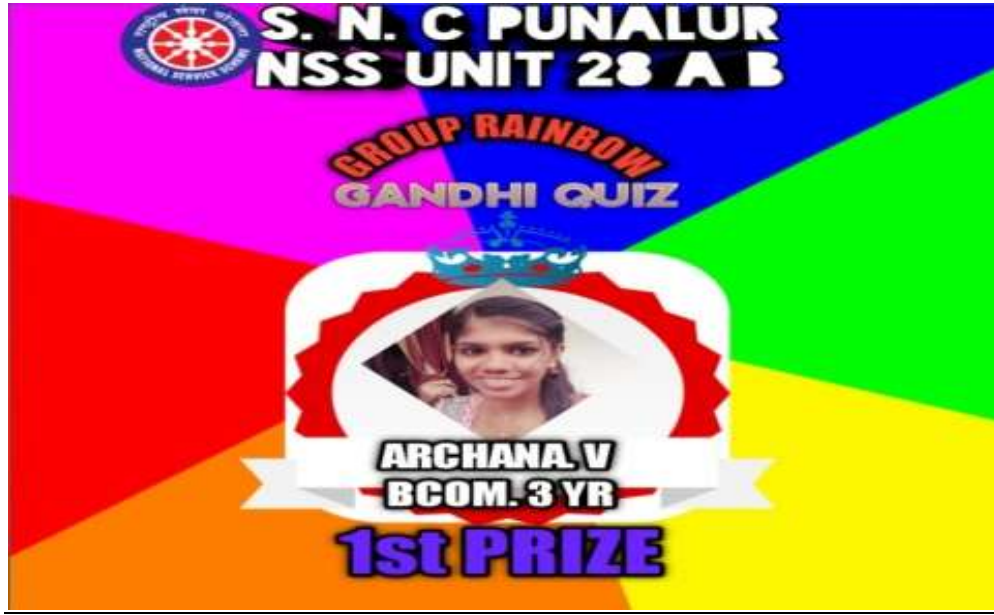




6. Gandhi Jayanthi Quiz Competition

The NSS unit conducted a **Quiz Competition** including NSS volunteers. Archana V (III B.Com) got first prize for the competition.





7. Drawing Competition

The NSS unit 28 A&B conducted a Drawing Competition. Abhijith (I Physics) Gayathri (II Maths) got the first and second prizes respectively.



Covid Pledge 08/10/2020

At the launch of a new campaign on prevention and mitigation of Covid-19, the NSS unit of the college took the pledge at 1 pm.

Objectives: To provide an awareness about the pandemic situation

To make them follow the safety rules even at homes

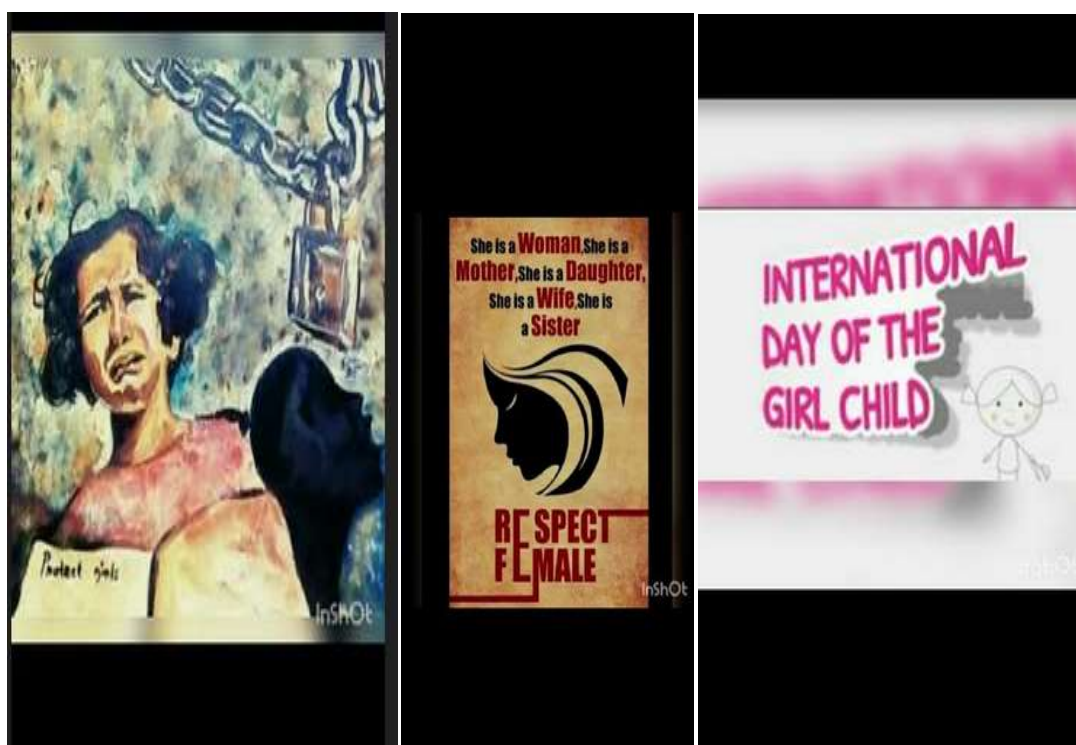
Beneficiary: NSS volunteers of SN College, Punalur.



Students taking Covid Pledge

Celebration of International Day of the Girl Child 11/10/2020

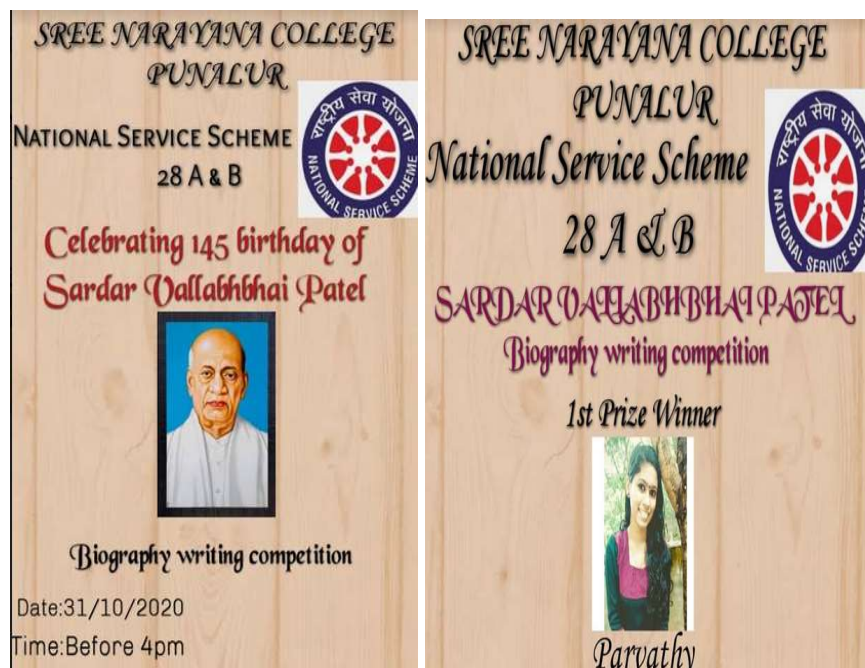
As part of the celebration of the **International Girl Child day** the NSS unit of SN College, Punalur made a **Short Video Competition**. Volunteers like Salu TSY (Bsc Zoology), Kesiya(BSc Maths), Akhil J (BA History) become part of it. The observation supports more opportunity for girls and increases awareness of gender inequality faced by girls worldwide based upon their gender. This inequality includes areas such as education, nutrition, legal rights, medical care, and protection from discrimination, violence against women and forced child marriage. The video was made in view of these facts.



Observation of Constitutional Day 31/10/2020:-

The NSS unit of the college conducted **Constitution Day Observation**. As a part of this, an interactive session via Google Meet was arranged. Programme officer, Dr.Divya Jayan delivered welcome address followed by Simi.B.S-(programme officer) delivering Constitutional pledge. The programme ended up at 12noon. The volunteers circulated the pledge through what's app groups. Biography Writing Competition was also conducted on the day. Parvathy got first prize for the competition.





Human Rights Day - 2/11/2020- 10 days of online training programme

In the history of human rights, the rights of children are the most ratified. The **United Nations Convention on the Rights of the Child (UNCRC)** defines **Child Rights** as the minimum entitlements and freedoms that should be afforded to every citizen below the age of 18 regardless of race, national origin, colour, gender, language, religion, opinions, origin, wealth, birth status, disability, or other characteristics.

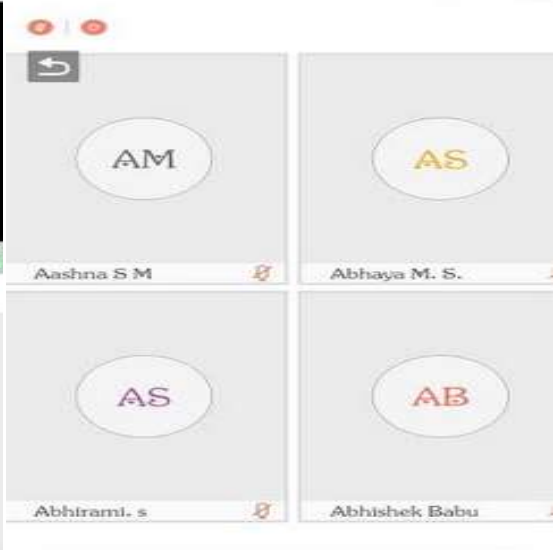
These rights encompass freedom of children and their civil rights, family environment, necessary healthcare and welfare, education, leisure and cultural activities and special protection measures. The UNCRC outlines the fundamental human rights that should be afforded to children in four broad classifications that suitably cover all civil, political, social, economic and cultural rights of every child. In order to give an awareness to students, the volunteers attended an online training programme on **Childs Rights**.

The volunteers of SN College, Punalur attended the **Ten days Online Training Programme**. The programme was formally inaugurated by Dr. Shaji, State NSS Co-ordinator and well renowned resource persons engaged the training session.

You
20 November, 4:59 pm



4:59 PM



Speaking: Alfred J George, Gouri Pramod

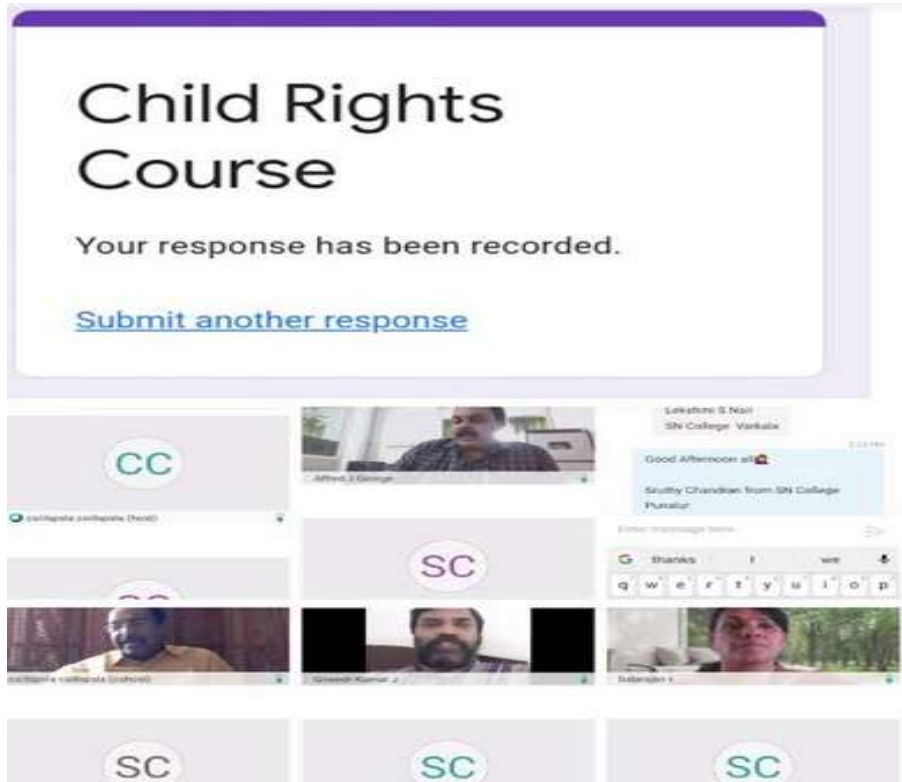


The meeting is unlocked. Neeraja.N has left the meeting.



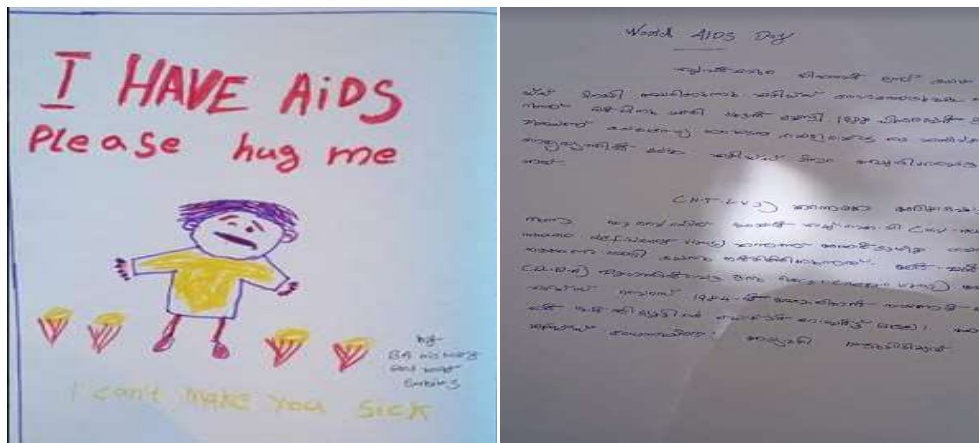
Speaking: Shaji A.

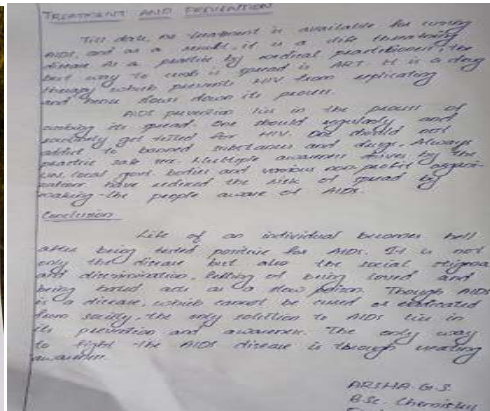
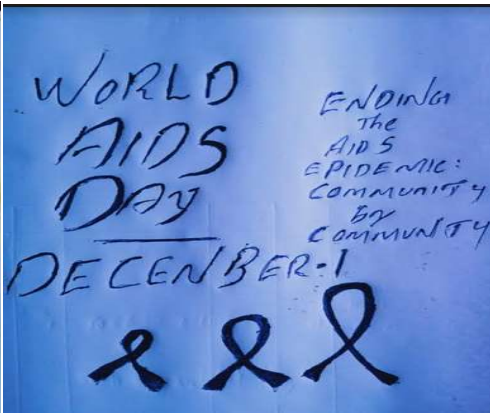




Observance of World Aids Day 01/12/2020

World AIDS Day is observed on 1 December every year to raise awareness and knowledge about HIV and a call to move toward ending the HIV epidemic. It was first celebrated in 1988. The NSS unit SN College, Punalur observed **World Aids Day** by **Poster Presentations**. The programme was inaugurated by the Principal, Dr. T. Pradeep and the poster presentation was conducted online.





Celebration of International Volunteers 05/12/2020

The NSS unit celebrated the **International Volunteers Day** considering wide varieties of programmes. Good Volunteers are the pillars of every unit. Dr. Divya Jayan, NSS Programme Officer gave the guidelines for the celebration. The programmes included arts and crafts work. All volunteers actively participated in the celebration.

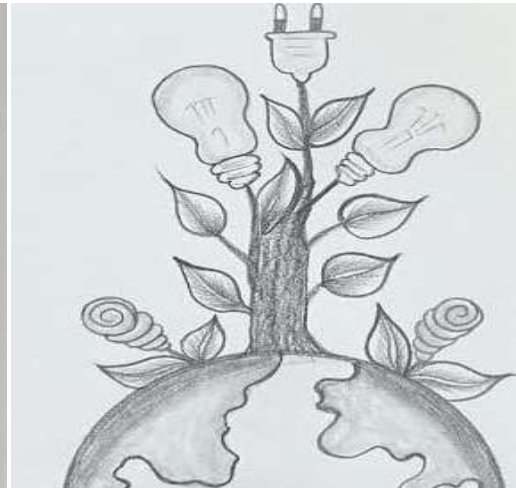
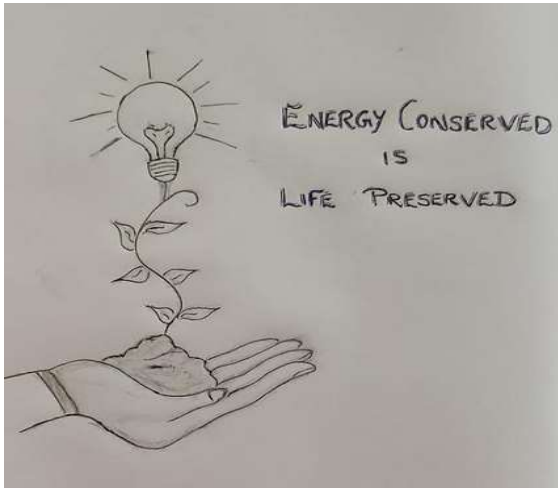




Energy Conservation Day 14/12/2020 :-

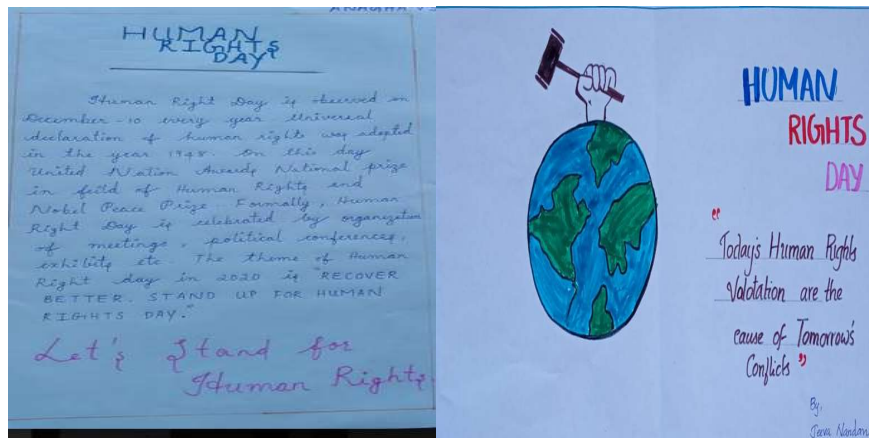
The **National Energy Conservation Day** is observed on 14th December every year by the Bureau of Energy efficiency with an aim to showcase India's achievements in energy efficiency and conservation. On behalf of the importance of conserving energy for future use, the NSS unit of the college conducted a talk on the same. The programme was inaugurated by the principal, Dr. T. Pradeep. NSS Programme Officer Simi B S gave the need for preserving energy for the future. Volunteers engaged in doing drawings and writings to aware the public.





Observance of Human Rights Day 10/12/2020 :-

Human Rights Day is celebrated on 10 December. The **Universal Declaration of Human Rights** was adopted in 1948 by the **United Nations General Assembly**. This day is observed to protect the fundamental human rights of all people and their basic human freedom. The volunteers of SN College Punalur celebrated the day with posters and writings.

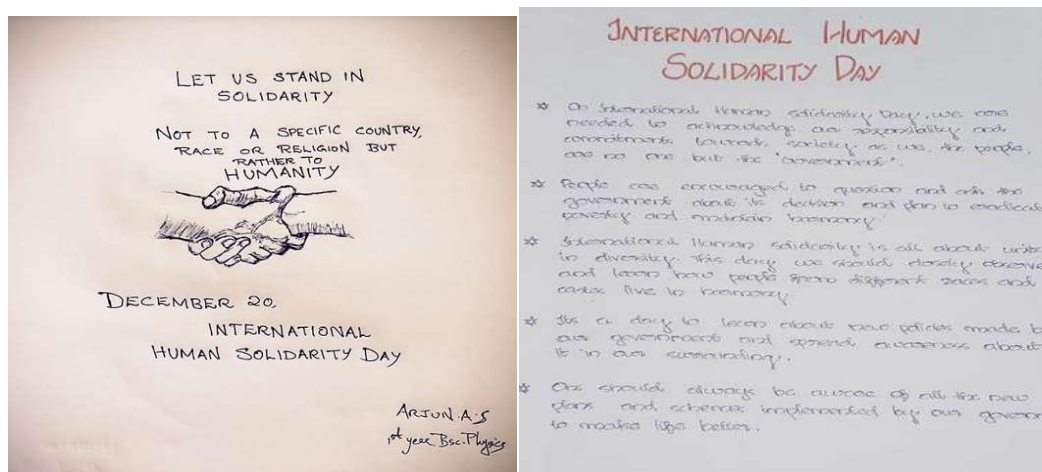


International Human Solidarity Day 20/12/2020

International Human Solidarity Day is:

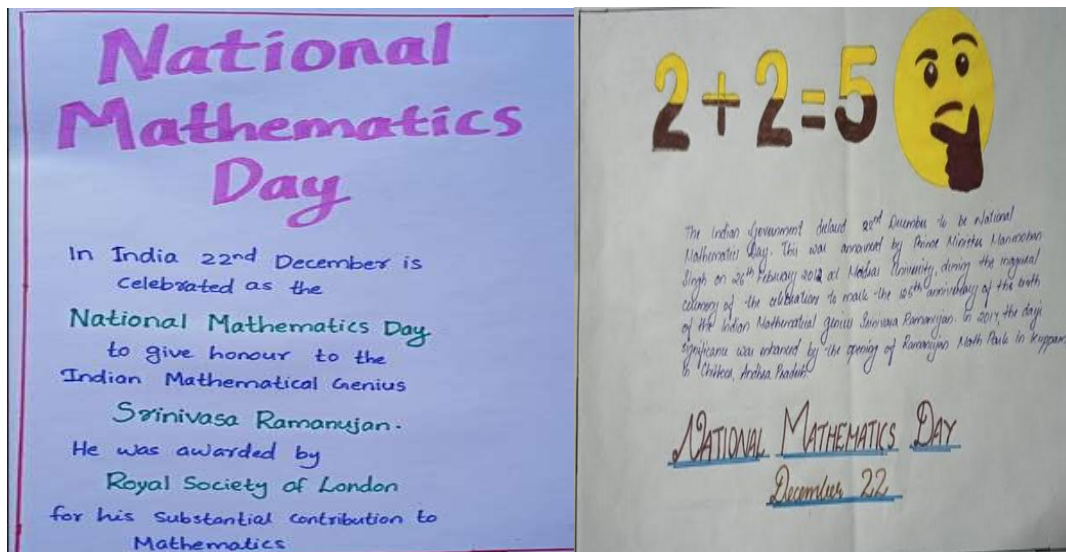
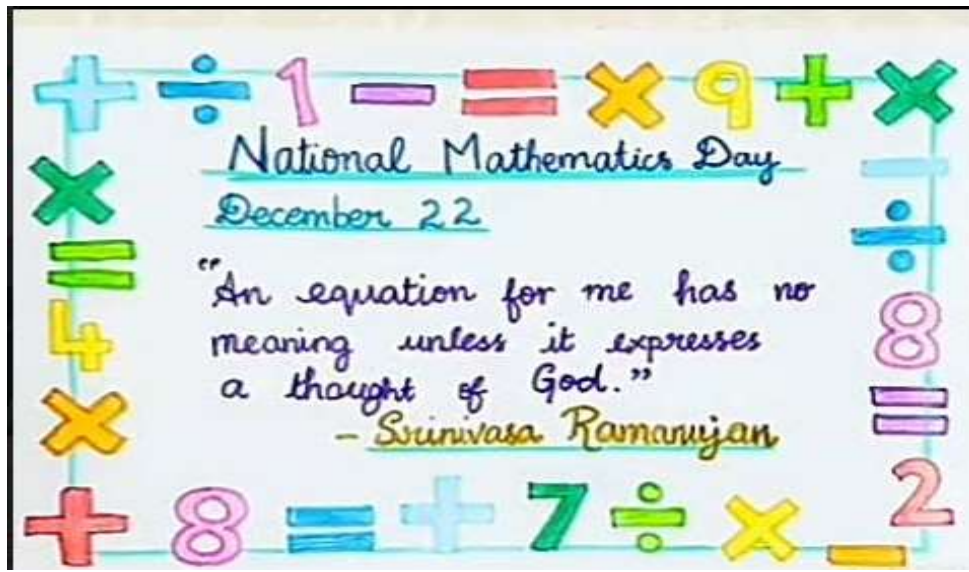
- a day to celebrate our unity in diversity;
- a day to remind governments to respect their commitments to international agreements;
- a day to raise public awareness of the importance of solidarity;
- a day to encourage debate on the ways to promote solidarity for the achievement of the Sustainable Development Goals including poverty eradication;
- a day of action to encourage new initiatives for poverty eradication.

On behalf of **International Human Solidarity Day**, the volunteers of the college engaged in different activities like paintings as well as writings. Volunteers who were enrolled were engaged. Selected volunteers were engaged in camp activities.



National Mathematics Day 22/12/20:-

On behalf of observing the **National Mathematics Day**, the NSS unit of the college created **Posters**. All volunteers actively participated in the programme.



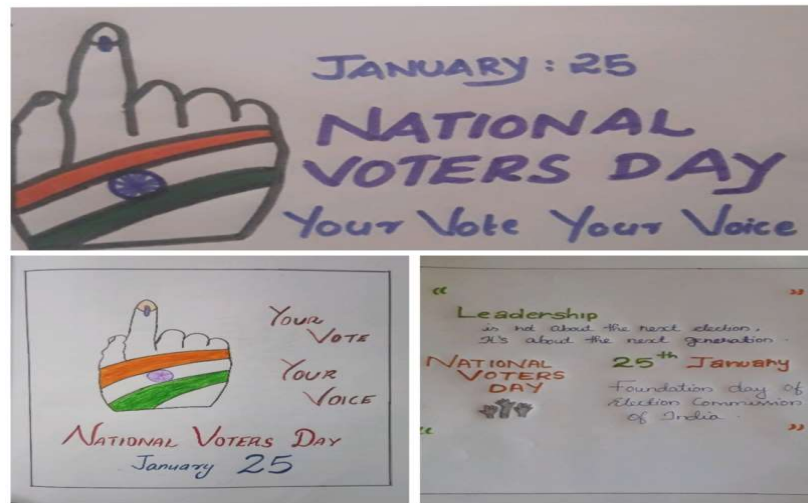
Posters created by students

Army Day 15/01/2021:-

On behalf of observing the **Army Day**, the NSS unit of the college created **Posters** strengthening the idea of nationality and the national values. We are dedicated to preserve national interests, safeguard sovereignty, territorial integrity and unity of our Nation. All volunteers actively participated in the programme.

Voter's Day 25/01/2021:-

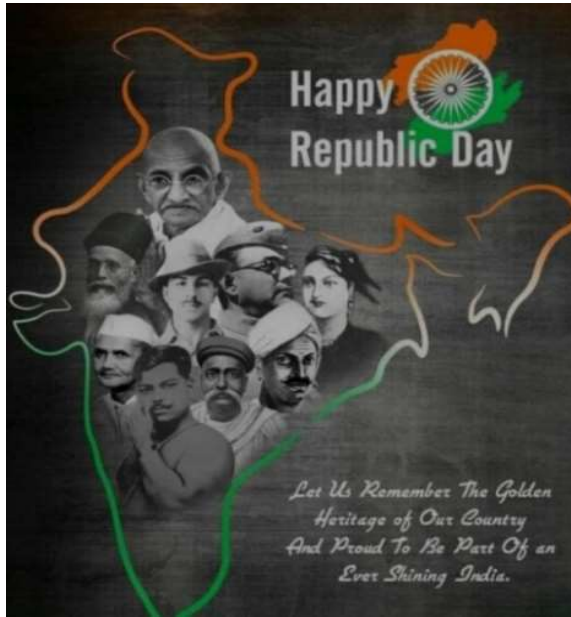
On behalf of observing the **Voter's Day**, the NSS unit of the college created posters with the message 'Another responsibility of citizens is voting' with the theme "**Your Vote, Your Voice**". This makes the volunteers aware about their duties and responsibilities on democracy.



Observance of Republic Day 26/01/2021:-

The NSS unit the college observed the **Republic day** by creating posters and making them aware about their fundamental duties and rights towards our Nation. The programme helped to remember the day when the Constitution of India came into effect after India gained independence after a very long period freedom struggle.





Wetlands Day 02/02/2021:-

World Wetlands Day is celebrated every year on 2nd February to mark the anniversary of signing, the Ramsar Convention on Wetlands of International Importance in 1971. This inter-governmental treaty provides the framework for national action and international cooperation for the conservation and wise use of wetlands and their resources. This year marks the 50th year of the signing of the Convention. The theme for World Wetlands Day, 2021 is "Wetlands and Water". It seeks to bring awareness of the following facts. Only 2.5 % of

water on the earth is fresh water · less than 1% is usable · The water usage has increased six folds in 100 years and rises by 1% each year · Almost 2.2 billion people do not have access to safe drinking water · Clean water is critical for healthy lives. On behalf of observing the Wetlands Day, NSS unit of SN College, Punalur created posters and essays that helped to share information about the Wetland protection. This makes the volunteers aware about the importance of wetlands and how to take care of it.



Observance of Cancer Day 04/02/2021

The NSS unit observed **The Cancer Day** by creating posters and essays and making them aware about the detrimental effects of cancer by the Theme "I am and I will", conveys the message an empowering call for personal commitment that represents the power of our actions taken now to reduce growing impact of Cancer.



14/02/2021-Black Day For India - Pulwama Attack

The NSS unit of the college observed the **Black Day for India - Pulwama** attack by creating posters as a tribute to the brave soldiers who died in Pulwama. All volunteers prayed for their soul.



20/02/2021- World Social Work Day

On behalf of **World Day of Social Justice**, the volunteers of SN College created posters and essays with the theme '*A call for Social Justice in the digital economy*', to raise a voice against social injustice and to bring the various communities internationally together to eliminate poverty, gender, and physical discrimination, illiteracy, religious discrimination to make a socially integrated society. Unni. S of I year History, the volunteer actively engaged in the activity.



International Mother Language Day 21/02/2021:-

On behalf of observing the **International Mother Language Day**, the NSS unit of the college created poems, posters and wallpapers with the message “**Mother Language for conserving cultural diversities**”, which is based on the theme “**Fostering multilingualism for inclusion in education and society**”. This program helped the volunteers to create awareness about the role of the Mother languages in developing cultural diversities and fostering multilingualism in society. All the volunteers actively participated in this program. Moreover unit in association with Asianet programme- **Ende Malayalam** provided certificates to all those who participated.





പ്രശംസാപത്രം

AMALJITH S

ഏഷ്യാനെറ്റ് ന്യൂസും ബോബി മലയാളം ഫൗണ്ടേഷനും അവതരിപ്പിക്കുന്ന 'മലയാളം എന്റെ മലയാളം' എന്ന മാതൃഭാഷാ ശാക്തീകരണ പദ്ധതിയുടെ ഭാഗമായി അന്താരാഷ്ട്ര മാതൃഭാഷാ ദിനത്തിൽ ആരംഭിച്ച മാതൃഭാഷാ പ്രതിജ്ഞാ കാമ്പയിനിൽ പങ്കെടുത്തു.



മലയാളം അംബാസിഡർ ആകാൻ ആഗ്രഹിക്കുന്നവർ
www.entemalayalam.net
 എന്ന വെബ്സൈറ്റിൽ രജിസ്റ്റർ ചെയ്യൂ.

ജി. ശ്രീലക്ഷ്മി സ്മിത്തിൽ
 ആഭയം, പദ്ധതി ഡയറക്ടർ,
 മലയാളം എന്റെ മലയാളം

International Mother Language Day

culture

Identity

Diversity

Respect

Customs


Unity

Peace

മലയാളഭാഷ തൻ ഭാഷകൾക്കു മേൽ നിന്ന് മേൽ അനുഭവിക്കാൻ വിരമിക്കുന്നു. കിളികൊമ്പും നാടൻ്റെ ശ്രദ്ധിത കലക്കലിന് പുളിപ്പിക്കുക മുണ്ടിൽ തെളിയുന്നു.

മലയാളം

ഫെബ്രുവരി 21 അന്താരാഷ്ട്ര മാതൃഭാഷാ ദിനം



മലയാളം - എന്റെ മാതൃഭാഷ

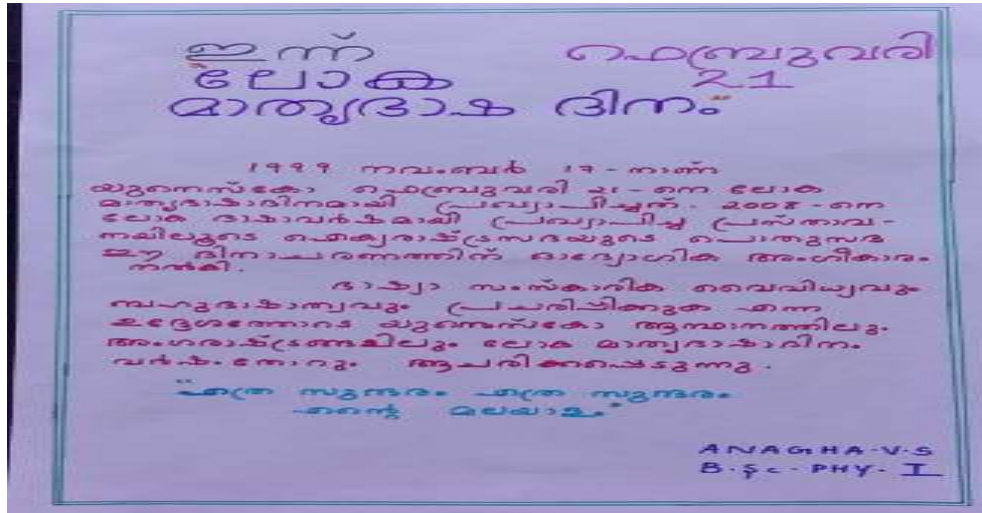
മാതൃഭാഷ എന്തെന്നറിഞ്ഞിടാൻ
 എന്തൊന്നൊന്നിലേക്കു നോക്കിപ്പോൻ
 നന്നുണ്ടാണെന്നു ഭാഷയൻ പറയുന്നതിലും
 എല്ലാം മേൽനിന്നു പറയുന്നതിലേക്കും
 "മാതൃഭാഷാദിനം"

പെട്ടെന്ന് നന്നുമാ മാതൃഭാഷ പോലെയെ
 മാതൃഭാഷയെപ്പോലെ മലയാളം
 മന്നു മിടുക്കിൻ്റെ നന്നുനി മലയാളം
 എന്നു നന്നുണ്ടാൻ മലയാളം
 ഭാഷയിൻ നന്നുണ്ടാൻ
 "മലയാളം"

ഫെബ്രുവരി 21 ലോക മാതൃഭാഷാദിനം

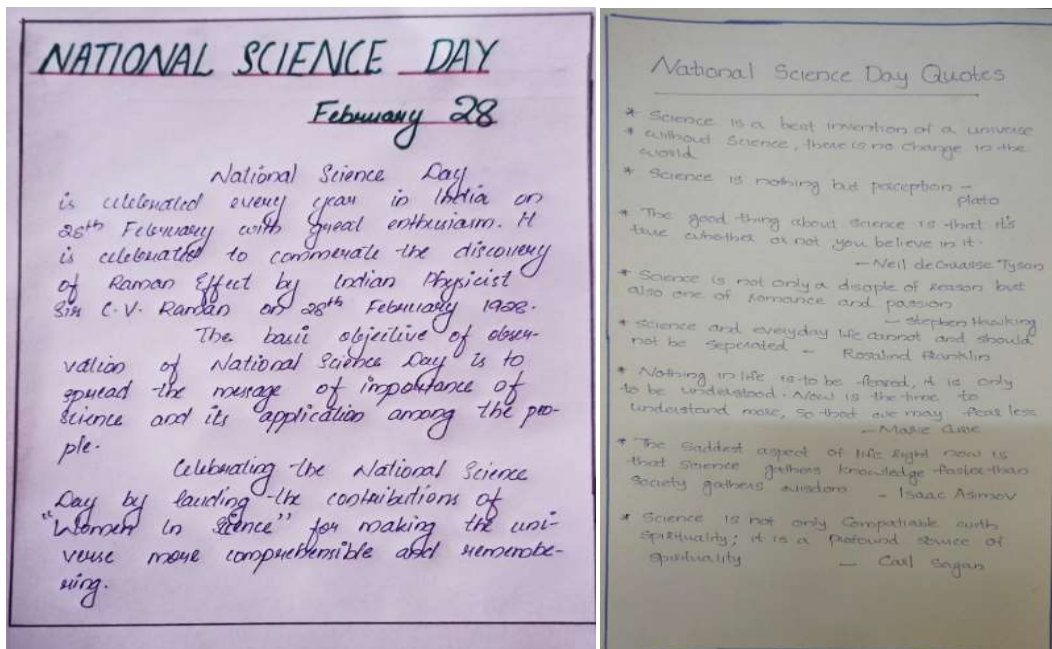
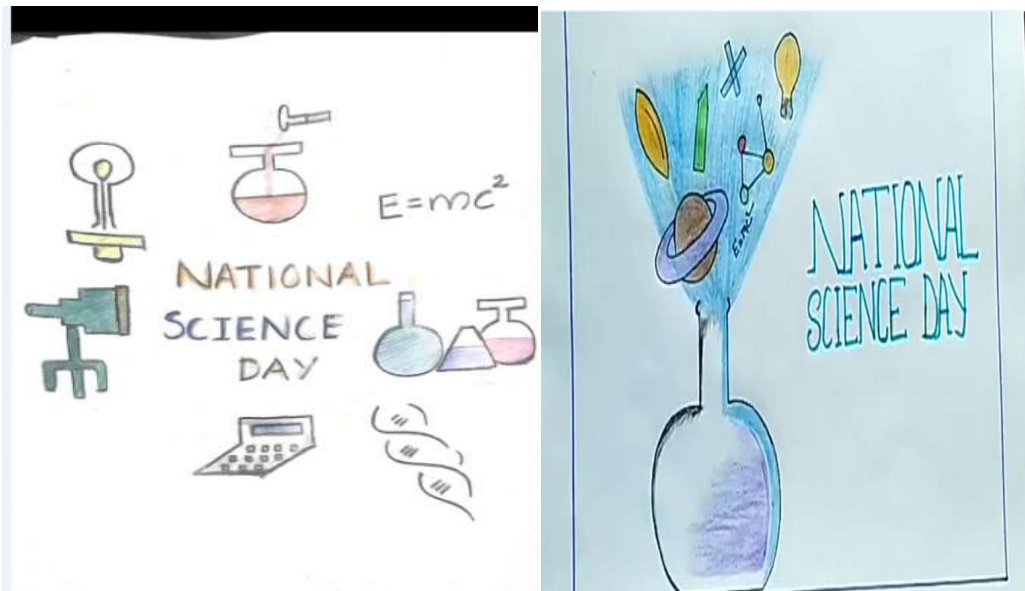
ഭാഷാ പ്രതിജ്ഞ

മലയാളമാണ് എന്റെ ഭാഷ
 എന്റെ ഭാഷ എന്റെ വിഭാഗം
 എന്റെ ആകാശമാണ്
 ഞാൻ കാണുന്ന നക്ഷത്രമാണ്
 എന്നെ തഴുകുന്ന കാറ്റാണ്
 എന്റെ ദാഹം ശമിപ്പിക്കുന്ന കുളിർ വെള്ളമാണ്
 എന്റെ അമ്മയുടെ തലോടലും ശാസനയുമാണ്
 ഏതു നാട്ടിലുപത്തിയാലും
 ഞാൻ സ്വന്തം കാണുന്നതാണ്
 എന്റെ ഭാഷയിലാണ്
 എന്റെ ഭാഷ ഞാൻ തന്നെയാണ്



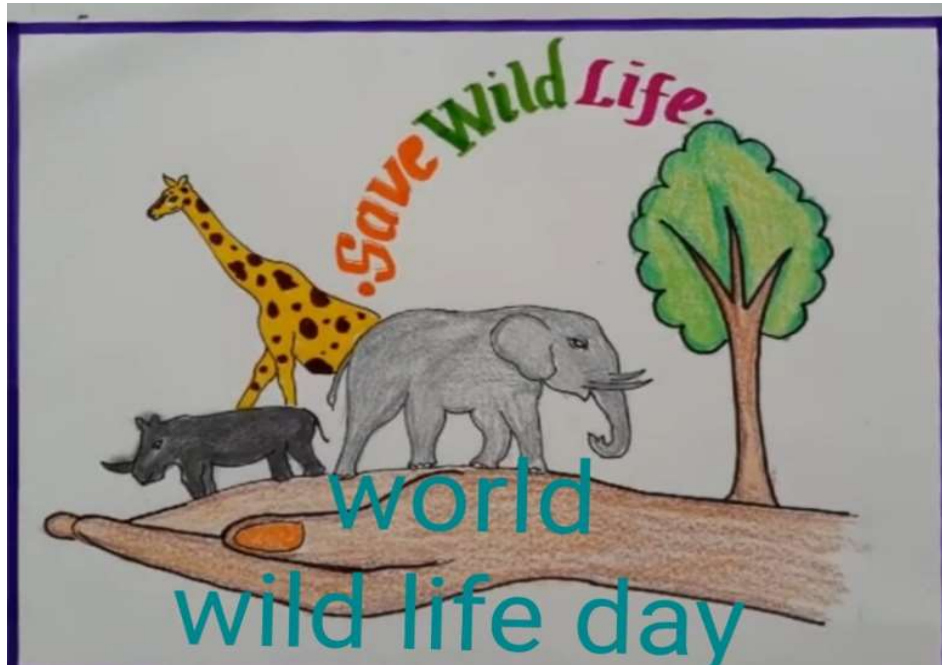
28/02/2021- National Science Day

On behalf of **National Science Day**, the volunteers of SN College, Punalur created posters and essays with the theme '**Future of STI: Impacts on education skills and work**'. This helps the volunteers to recall the notable invention "**Raman Effect**" by India's greatest scientist CV Raman, to share information about the importance of science in today's world and the impacts science has on education, skill and work and to make our volunteers aware about raising public appreciation of the scientific issues involved.



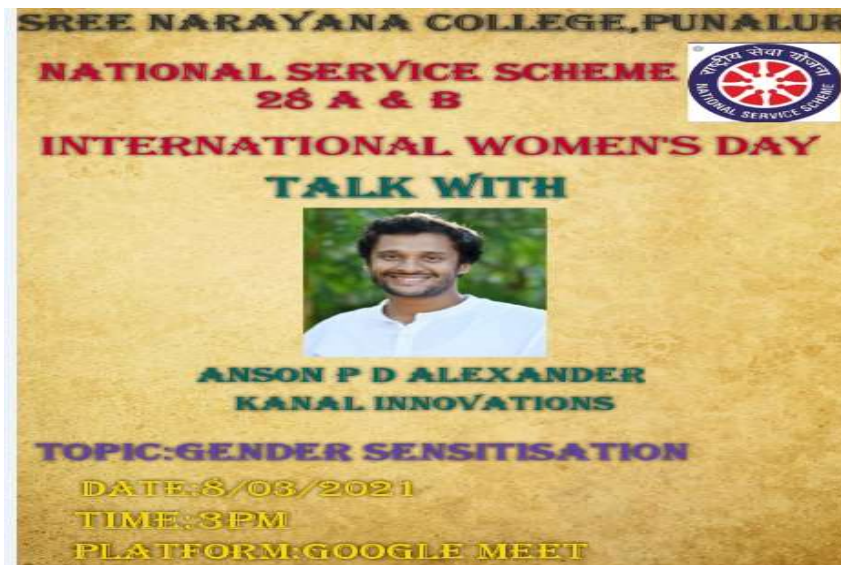
World Wild life Day 03/03/2021 :-

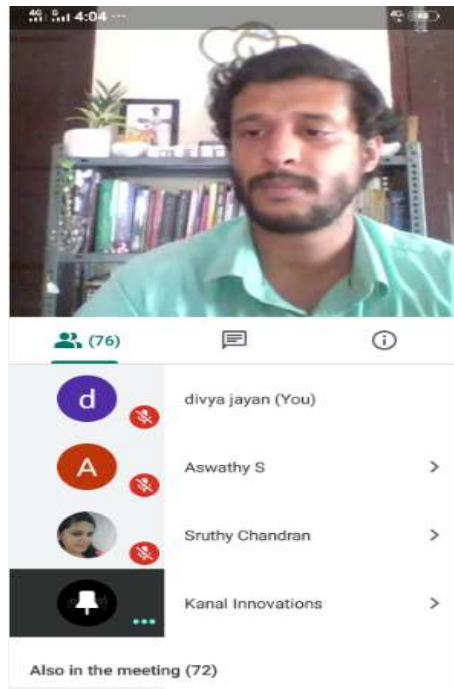
The NSS unit of the college observed the **World Wild life Day** by creating posters and essays based on the theme '**Forest and Livelihood: Sustaining People and Planet**' with the aim as a way to highlight the central role of forest, forest species and ecosystem services in sustaining the livelihood.



International Women's Day 08/03/2021 :-

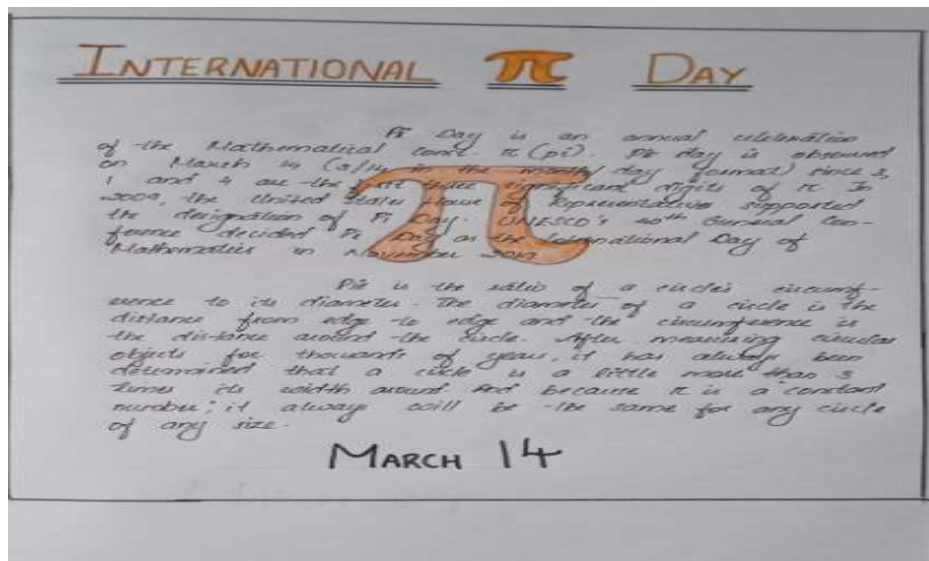
The NSS unit of the college celebrated **International Women's Day** by creating posters and essays related to with the aim to create a world where gender equality persists.

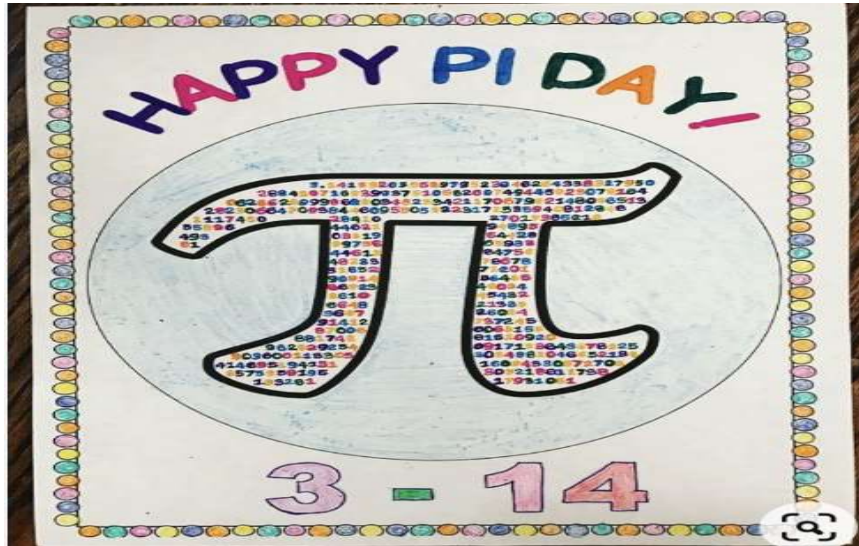




International Pi Day 14/03/2021 :-

As part of the observation of **International Pi Day**, the NSS Volunteers created posters and essays to make aware about the importance of Pi in the world of mathematics and posted it on the NSS Official Group.

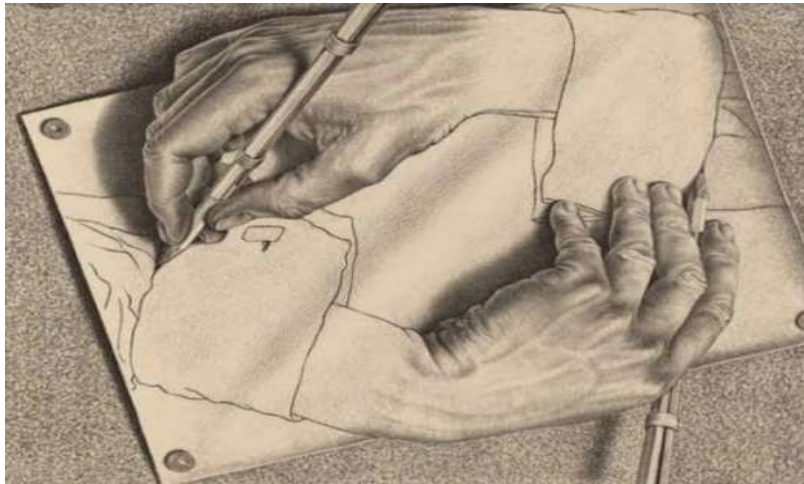




World Social Work Day 16/03/2021 :-

The NSS unit of the college observed the **World Social Work Day** by creating posters for making the volunteers aware to celebrate their achievements and support for the important role that social workers play in the lives of vulnerable families and communities





**WORLD SOCIAL
WORKERS DAY**

Promoting the dignity and worth of peoples

Anandu.S
Bsc Chemistry 1st year



21/03/2021- Forest Day

The NSS unit of the college celebrate the **Forest Day** by making posters and essays with the theme "**Forest Restoration: a path to recovery and well being**" for giving them an awareness about the importance of conservation of forests.

On behalf of Forest Day, the college had participated in a webinar on the theme "**Forest Restoration: a path to recovery and well being**", organized by Flying Squad Division, Punalur in association with SN College, Punalur, College of Engineering, Pathanapuram and Mount Tabor Training College, Pathanapuram through Google meet at 4 pm on 21 st March. The technical session was divided into two in which first session was carried by Smt.A Shajna Karim on the topic "**A glimpse at the future of Wildlife. Way ahead**" The second session was carried by Shri. John Mathew on the topic "**Wildlife trafficking and law enforcement**". Shri. Baiju Krishnan (DFO, Flying Squad Division, Punalur) delivered the welcome speech. Dr.T Pradeep (Principal SN College, Punalur) Dr.R Bijukumar (Principal Pathanapuram Engineering College, Pathanapuram) Dr.Rosamma Philip (Principal, Mount Tabor Training College, Pathanapuram) delivered the felicitation.The session was so informative describing about the importance of conservation of Forest and impact of wildlife trafficking. Shri.Aneesh S(Range forest officer, Flying Squad Punalur) delivered the vote of thanks.

International Day of Forests
21st March 2021, 4 pm
Forest Restoration - a path to recovery and well - being
Webinar

Welcome : Sri. Baiju Krishnan (DFO, Flying Squad, Punalur)
Inauguration : Sri. A. Renjan IFS (Conservator of Forest I & E, Kottayam)
Felicitation : Dr. T. Pradeep M.Sc., Phd. (Principal, SN College, Punalur)
Dr. R. Bijukumar (Principal, College of Engineering, Pathanapuram)
Dr. Rosamma Philip (Principal, Mount Tabor Training College, Pathanapuram)
Lecture 1 : Smt. A. Shajna Karim
Sub : A glimpse at the future of Wildlife - Way ahead
Lecture 2 : Sri. John Mathew
Sub : Wildlife trafficking and law enforcement
Vote of thanks : Sri. S. Aneesh (Range Forest Officer, Flying Squad, Punalur)

Organized by Flying Squad Division, Punalur
in Association with SN College, Punalur
College of Engineering, Pathanapuram
Mount Tabor Training College, Pathanapuram

Co-ordinators
Smt. Remya S.R. (Engineering College, PTPM)
Smt. Asha K. Thomas (Mount Tabor Training College, PTPM)
Sri. Abhilash K. (Beat Forest Officer, Flying Squad Range, Punalur)
Smt. Simi B.S. (SN College, Punalur)

Sri. A. RENJAN IFS (Conservator of Forest I & E, Kottayam)
Sri. JOHN MATHEW (Working Plan Officer, Achancovil)
Smt. A. SHAJNA KARIM (Wildlife Warden, Aralam Wildlife Sanctuary)
design @ Jepak, Cyber

Meeting URL : <https://meet.google.com/nsg-qwkw-ghh>

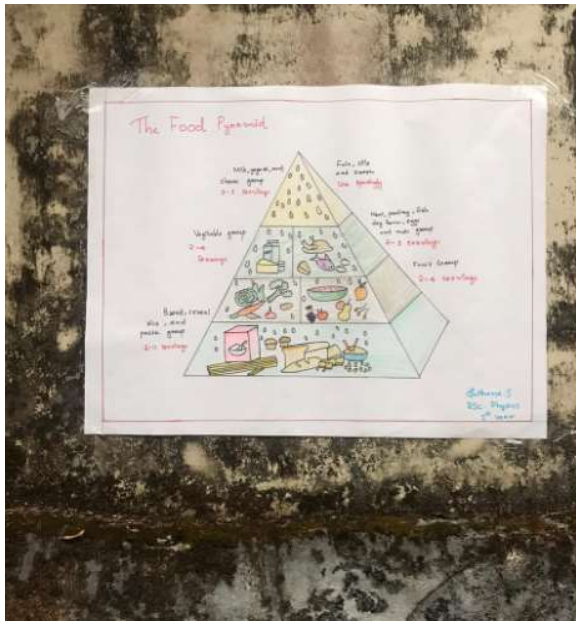
24/03/2021- Tuberculosis Day

The NSS unit of the college observed the **Tuberculosis Day** by creating posters for making them aware about the detrimental effects of tuberculosis, how it affects body, how to avoid it and how to stop spreading of TB.



01/04/2021- Poshan Pakhwada

On behalf of the **Poshan Pakhwada** (nutrition fortnight) which is an initiative in response to the concern of malnutrition, the volunteers created awareness through video, poster presentations in street and shared it in the NSS official group.



02/04/2021- Autism Awareness Day

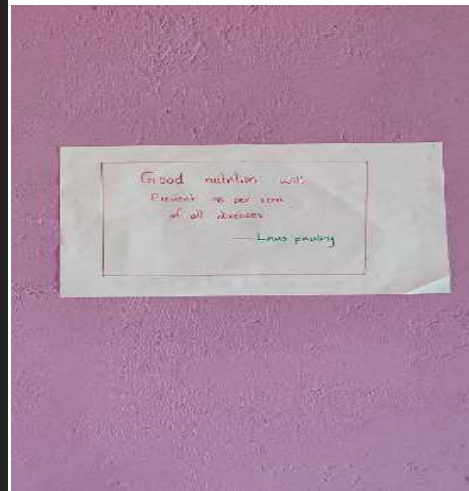
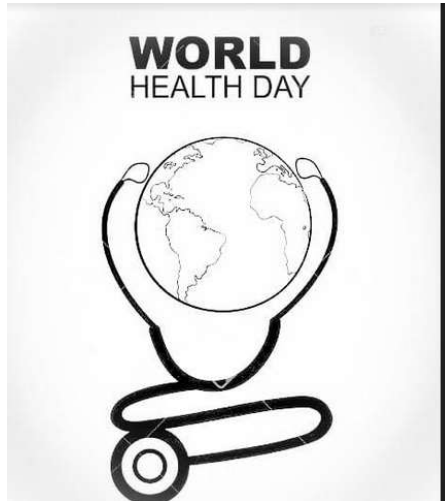
The NSS unit of the college observed the **Autism Awareness Day** by creating posters and essays for making the volunteers to raise autistic people in the society.



07/04/2021- World Health Day

The NSS unit of the college observed the **World Health Day** by creating posters and essays on it. This gives an awareness on the importance of a healthy society for a better tomorrow.





21/04/2021- Creativity and Innovation Day

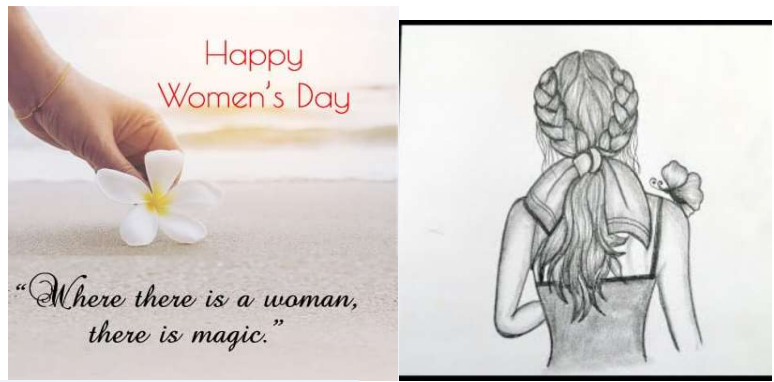




Posters created by the students

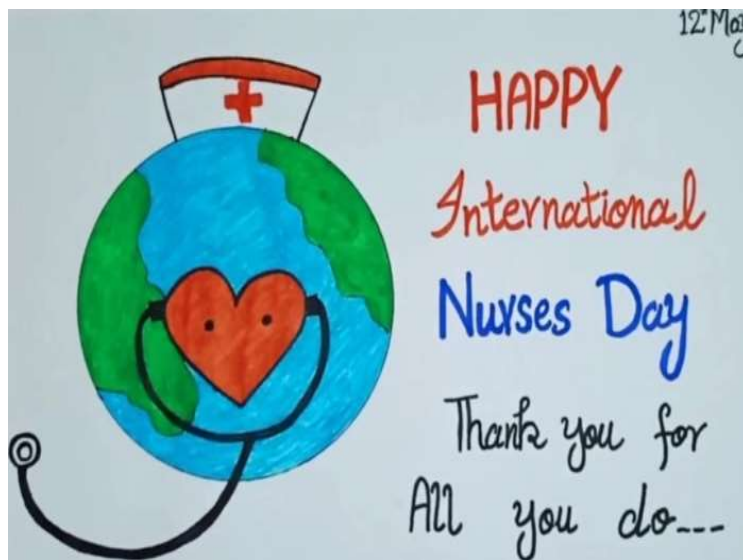
09/05/2021- Mother's Day

The NSS unit the college celebrated the **Mother's Day** by creating posters with the aim to make society aware about the low status of women in her family and how she deserves to be the boss of the family.



12/05/2021- Nurses Day

On behalf of the **Nurse's Day**, the NSS volunteers actively participated in creating posters and essays with the theme “**Nurses, a voice to lead a vision for future health care.**” We congratulate and thank all nurses around the world wide for being and indispensable component of our health systems.





SREE NARAYANA COLLEGE, PUNALUR



**MAY 12th
INTERNATIONAL
NURSES
DAY**



We stay here for you
Please stay home for us

31/05/2021- World No-Tobacco day

The NSS unit of the college observed the **World No-Tobacco day** by creating posters for making them aware about the harmful effects of tobacco and promoted them to lead a healthier life with the theme, '**Quit Tobacco to be a Winner**'.



Posters with the theme, '**Quit Tobacco to be a Winner**'